

**LIVISION HEALTH**

## Product manual V1.0

Reshaping Human Health and Wellness Together

FOCUS ON HIGH QUALITY



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A1

# Weight Loss Double-Cabin Bottle Combo Pack

## Main Functions:

- **Promotes Fat Metabolism:** L-Carnitine plays a key role in transporting fatty acids into the mitochondria, converting fat into energy, and reducing glycogen consumption during prolonged and high-intensity exercise.
- **Boosts Muscle Performance:** Contains Creatine to increase rapid energy release, support muscle growth, and improve strength and power.
- **Supports Recovery and Reduces Fatigue:** Enriched with Vitamin B1, B2, and B5 to promote faster recovery, reduce post-exercise fatigue, and minimize oxidative stress.

## Product Specification:

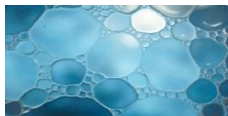
- **Upper Compartment:** 0.6g (3 capsules) per bottle
- **Lower Compartment:** 20ml per bottle
- **Packaging:** 8 bottles per box

## Main Ingredients:

White Kidney Bean Extract, L-Arabinose, Kale Powder, Mulberry Leaf Extract, Black Ginger Powder, Citrus Fruit Powder, Green Coffee Powder, Vitamin C, Seaweed Powder.

## Recommended Usage:

- **Upper Compartment:** Swallow with water before meals.
- **Lower Compartment:** Open lid and drink after meals.



black ginger powder



Vitamin C



green coffee powder



White kidney bean extract



mulberry leaf extract



A2

# Mulberry Leaf GLP-1 Plant Extract Beverage

## Main Functions:

- **Block Carbohydrates and Sugar** at the source to regulate energy intake.
- **Activate GLP-1 Receptor** to stabilize blood sugar and control appetite.
- **Activate AMPK** to boost metabolism, accelerating fat and sugar burning.

## Product Specifications:

- **Net Weight:** 15g
- **Packaging:** 8 pieces per box

## Main Ingredients:

Mulberry Leaf Extract, Black Tea Extract, Fig Extract, Gardenia Extract, Bitter Melon Peptide Powder, Chromium-Rich Yeast Powder, Green Coffee Powder.

## Patented Ingredients:

White Kidney Bean Hydrolysed Protein Powder, Oligofructose, Black Ginger Powder.

## Recommended Usage:

- **Dosage:** Take 1 to 2 tablets a day before meals.
- **Instructions:** Break one end open (wrap the tip in a paper towel before breaking) and pour the contents into a glass.



mulberry leaf extract



bitter melon peptide powder



green coffee powder



mulberry leaf extract



black tea extract



A3

# High Protein High Dietary Fiber Nutritional Meal Replacement Powder

## Main Functions:

- **Comprehensive Nutrition:** Provides multi-dimensional support with a variety of minerals.
- **Appetite Suppression:** Promotes satiety to help reduce hunger.
- **Diuretic and Digestive Support:** Helps eliminate excess moisture and supports intestinal health.

## Product Specifications:

- **Net Weight:** 25g per bag
- **Packaging:** 7 bags per box

## Main Ingredients:

Isolated Milk Protein, Soybean Protein Isolate, Resistant Dextrin, Buffered Oat Powder, Diglycerin Powder, Konjac Powder, Polydextrose, Whole Milk Powder, Psyllium Husk Powder, Chestnut Powder, Potato Extract, Vitamin A, Calcium Carbonate, etc.

## Recommended Usage:

- Open the seal and pour in 200-300mL of warm water (approximately 40°C).
- Seal the bag tightly and gently shake until fully dissolved.
- Serve with a straw after brewing.



calcium carbonate



puffed oat powder



resistant dextrin



Isolated milk protein



soybean protein isolate



A4

# Sugar and Oil Blocking Bi-Colour Tablets

## Main Functions:

- **Blocks Carbohydrate Absorption:** Inhibits sucrose, starch, and carbohydrate absorption at the source, reducing overall energy intake.
- **Fat Absorption Control:** Effectively absorbs dietary fat and prevents its intestinal absorption.
- **Prolongs Satiety:** Regulates body signals to extend feelings of fullness and suppress appetite.

## Product Specifications:

- **Net Weight:** 2g per bag
- **Packaging:** 28 bags per box

## Main Ingredients:

White Kidney Bean Hydrolyzed Protein Powder, L-Arabinose, Milk Powder, Red Beet Powder, Vitamin C, Chestnut Powder, Mulberry Leaf Extract, Seaweed Powder, Citrus Fiber, Bisporal Mushroom Concentrated Powder, Bitter Melon Powder, Rice Meal Fermented Concentrated Powder, Green Coffee Powder, Guarana Extract, etc.

## Recommended Usage:

Chew 2 to 3 tablets before meals.



Vitamin C



bisporal mushroom concentrated powder



citrus fiber



White kidney bean hydrolyzed protein powder



L-Arabinose



A5

# Coffee Concentrate

## Main Functions:

- **Mind Refreshment and Fatigue Relief:** Boosts alertness and reduces tiredness.
- **Supports Fat Metabolism:** Reduces fat absorption, promotes metabolism, and accelerates fat burning.
- **Eliminates Edema:** Helps reduce bloating and water retention.

## Product Specifications:

- **Net Weight:** 30g per bag
- **Packaging:** 7 bags per box

## Main Ingredients:

Coffee Concentrate, Black Tea Powder, Green Coffee Powder, Citrus Fruit Powder, Pear Cactus (Milbonta Variety) Powder, Black Ginger Powder.

## Recommended Usage:

Dilute with approximately 250mL of water and drink.



Coffee concentrate



green coffee powder



black tea powder



pear cactus  
(Milbonta  
variety) powder



citrus fruit





A6

# Green Tea Extract EGCG Capsules

## Main Functions:

- **Enhances Fat Breakdown:** Accelerates the body's ability to break down and digest dietary fats, promoting fat burning.
- **Prevents Fat Synthesis:** Inhibits the formation of new body fat.
- **Reduces Fat Absorption:** Suppresses lipase activity to minimize the absorption of fats from food.

## Product Specifications:

- **Net Weight:** 0.4g per capsule
- **Packaging:** 30 capsules per bottle

## Main Ingredients:

Green Tea Extract (98% Polyphenols, 60% Total Catechins, 40% EGCG), Black Tea Extract, Black Ginger Powder, Guarana Extract, etc.

## Recommended Usage:

Swallow 2 capsules with water, once or twice a day.



Green tea extract



black ginger powder



black tea extract



Guarana extract



tea polyphenols







A6

# High Dietary Fiber Supplements

## Main Functions:

- **Increases Satiety:** Provides dietary fiber to promote fullness and reduce appetite.
- **Improves Digestive Health:** Helps alleviate constipation caused by insufficient dietary fiber intake.

## Product Specifications:

- **Net Weight:** 12g per bag
- **Packaging:** 10 bags per box

## Main Ingredients:

Psyllium Husk Powder, Inulin, Apple Fiber Powder, Citrus Fiber Powder, Potato Extract, Enoki Mushroom Powder, Erythritol, Citric Acid, Sucralose, Beta-Carotene, etc.

## Recommended Usage:

Add approximately 120mL of warm water, stir well, and drink.



Psyllium husk powder



inulin



apple fiber powder



potato extract powder



citrus fiber powder





B1

# The Purple Treasure Box Anti-aging Double-cabin Bottle

## Main Functions:

- **DNA Telomere Repair:** Helps repair DNA telomeres, remove aging cells, and delay skin aging.
- **Powerful Antioxidant Protection:** Eliminates free radicals, reduces cellular oxidative damage, and provides strong anti-aging effects.
- **Enhances Skin Elasticity and Radiance:** Maintains skin firmness, reduces wrinkles, and minimizes discoloration.

## Product Specifications:

- **Upper Compartment:** 0.6g (2 capsules) per bottle
- **Lower Compartment:** 20ml per bottle
- **Packaging:** 8 bottles per box

## Main Ingredients:

Grape Seed Extract, Proanthocyanidins, SOD-Containing Yeast Powder, White Tomato Concentrate Powder, Resveratrol, Ergothioneine, Vitamin C, Cantaloupe Powder, PQQ.

## Recommended Usage:

- **Upper Compartment:** Swallow with water.
- **Lower Compartment:** Shake well, open the lid, and drink directly.



Grape seed extract



SOD-containing yeast powder



white tomato concentrate powder



vitamin C



PQQ



B2

# Cellular Anti-aging Ergothioneine PQQ Beverage

## Main Functions:

- **DNA Telomere Repair:** Restores cell vitality and repairs mitochondria to combat aging at the cellular level.
- **Mitochondrial Antioxidant Protection:** Provides targeted antioxidant defence to safeguard mitochondrial health.
- **Cell Renewal:** Promotes cellular autophagy to repair and rejuvenate cells.

## Product Specifications:

- **Net Volume:** 15ml per piece
- **Packaging:** 8 pieces per box

## Main Ingredients:

Fruit Concentrate of Sordendron, Melanocarpus, Ergothioneine, PQQ, Resveratrol, Spermidine, Grape Seed Extract (Proanthocyanidins), Rhodococcus Pluvialis Astaxanthin Powder, Vitamin C, etc.

## Recommended Usage:

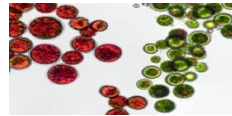
- **Dosage:** Take 1 to 2 tablets per day.
- **Instructions:** Break one end open (wrap the tip in a paper towel before breaking), then pour the contents into a glass.



PQQ



ergothioneine



Rhodococcus pluvialis  
astaxanthin powder



grape seed  
extract



resveratrol



**B3**

# High Potency Collagen Peptide Beverage

## Main Functions:

- **Repairs Skin Elastic Fibers:** Improves skin sagging, reduces wrinkles, and smooths fine lines.
- **Powerful Antioxidant:** Eliminates free radicals and delays skin aging.

## Product Specifications:

- **Net Volume:** 30ml per bottle
- **Packaging:** 8 bottles per box

## Main Ingredients:

Fish Collagen Peptide, Ray Collagen Peptide, Bonito Elastin Peptide, Sodium Hyaluronate, Chitosan Oligosaccharides, Rice Bran Oil Powder, Vitamin C, Carrot Powder, Lactostreptococcin, etc.

## Recommended Usage:

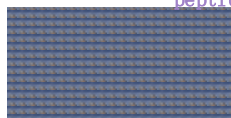
Open and consume 1 to 2 bottles per day.



Fish collagen peptide



ray collagen peptide



bonito elastin peptide



vitamin C



rice bran oil powder





B4

# Anti-sugar Beverage

## Main Functions:

- **Blocks Sugar Absorption:** Prevents sugar absorption at the source to reduce glycation effects.
- **Protects Collagen:** Inhibits the formation of AGEs during glycation, preserving collagen structure.
- **Antioxidant Defence:** Eliminates free radicals and minimizes skin damage from oxidative stress.

## Product Specifications:

- **Net Volume:** 30ml per bottle
- **Packaging:** 8 bottles per box

## Main Ingredients:

L-Arabinose, Collagen Peptide, White Kidney Bean Hydrolyzed Protein Powder, Bonito Elastin Peptide, Black Ginger Powder, Guanshan Cherry Blossom Powder, Red Pomegranate Concentrated Powder, Chrysanthemum and Grape Mixed Powder, Broccoli Bud Extract, Blood Orange Concentrated Powder, Vitamin C, White Tomato Concentrated Powder, Salmon Protein Powder, etc.

## Recommended Usage:

Open and consume 1 to 2 bottles daily.



Boni elastin peptide



vitamin C



white kidney bean hydrolyzed protein powder



collagen peptide



L-arabinose



B5

# γ-aminobutyric Acid Sleep Support Beverage

## Main Functions:

- **Promotes Rapid Sleep:** Enhances sleep onset and improves overall sleep quality.
- **Relieves Anxiety:** Calms the mind and alleviates anxiety for a more restful night.

## Product Specifications:

- **Net Volume:** 30ml per bottle
- **Packaging:** 8 bottles per box

## Main Ingredients:

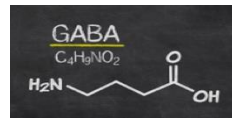
Cranberry Juice Concentrate, Passion Fruit Juice Concentrate, Gamma-Aminobutyric Acid, Valerian Extract, Jujube Kernel Extract, Lily Extract, Gastralia Extract, Hydrolysed Casein Peptide, Chamomile Extract, Theanine, etc.

## Recommended Usage:

It is recommended to drink immediately after opening, 2 hours before bedtime.



passion fruit  
juice concentrate



gamma-aminobutyric  
acid



jujube kernel  
extract



lily extract



chamomile extract





B6

# Breath Refreshing Probiotic Powder

## Main Functions:

- **Reduces Bad Breath:** Inhibits the growth of *Helicobacter pylori*, which helps eliminate the source of bad breath.
- **Oral Health Support:** Suppresses *Streptococcus mutans* growth, reducing dental plaque and tartar formation for better oral health.

## Product Specifications:

- **Net Weight:** 2g per bag
- **Packaging:** 10 bags per box

## Main Ingredients:

Resistant Dextrin, Erythritol, *Lactobacillus acidophilus*, *Bacillus paracasei*, *Lactobacillus reuteri*, *Lactobacillus salivarius*, Isomaltose Oligosaccharide, Inulin, Natural Menthol, Mint Powder, Vitamin B2, Vitamin B6, Vitamin C.

## Recommended Usage:

Open and consume directly.



Probiotic



isomaltose  
oligosaccharide



inulin



Vitamin C



Mint powder





C1

# Double Thistle DMY Turmeric Liver Support Capsules

## Main Functions:

- **Liver Detox and Protection:** Removes liver toxins, supports liver health, and detoxifies alcohol, reducing liver inflammation.
- **Alcohol Metabolism Support:** Speeds up alcohol metabolism and alleviates post-drinking discomfort.

## Product Specifications:

- **Net Weight:** 0.4g per capsule
- **Packaging:** 30 capsules per bottle

## Main Ingredients:

Turmeric, Milk Thistle Extract, Artichoke Extract, Pueraria Mirifica Extract, Licorice, Glutathione, Choline Bitartrate, Dihydromyricetin, Microcrystalline Cellulose, etc.

## Recommended Usage:

Take 2 capsules per serving, 1 to 2 times daily.



Turmeric



milk thistle  
extract



artichoke Extract



dihydromyricetin



pueraria mirifica  
extract







C2

# Astaxanthin Softgels

## Main Functions:

- **Powerful Antioxidant:** Eliminates free radicals and helps delay aging.
- **Supports Brain and Eye Health:** Enhances cognitive and visual function.
- **Cardiovascular Protection:** Promotes heart health and strengthens immunity.

## Product Specifications:

- **Net Weight:** 0.7g per capsule
- **Packaging:** 60 capsules per bottle

## Main Ingredients:

Flaxseed Oil, Gelatin, Astaxanthin Oil from *Erythrina aurantium*, Grape Seed Extract, Glycerin, etc

## Patented Ingredient:

Haematococcus Pluvialis Oil (Astaxanthin Oil)

## Recommended Usage:

Take 2 per day.



astaxanthin oil from  
*Erythrina aurantium*



Flaxseed oil



grape seed  
extract





C3

# Nattokinase Capsules

## Main Functions:

- **Lowers Blood Lipids and Blood Pressure:** Supports healthy cholesterol levels and blood pressure.
- **Reduces Thrombus Formation:** Helps prevent blood clots and promotes cardiovascular health.

## Product Specifications:

- **Net Weight:** 0.4g per capsule
- **Packaging:** 30 capsules per bottle

## Main Ingredients:

Natto kinase, Phytosterols, Diglyceride Powder, Black Garlic Extract, Silicon Dioxide.

## Recommended Usage:

Take 2 capsules per day.



Nattokinase



phytosterols



diglyceride powder



black garlic extract





C4

# DNJ Cyclocarya Paliurus Leaf Blood Glucose Control Powder

## Main Functions:

- **Lowers Blood Sugar:** Helps regulate and maintain healthy blood sugar levels.
- **Inhibits Sugar Absorption:** Reduces the absorption of sugar from food.

## Product Specifications:

- **Net Weight:** 10g per bag
- **Packaging:** 10 bags per box

## Main Ingredients:

L-Arabinose, Resistant Dextrin, Mulberry Leaf Extract, White Kidney Bean Hydrolysed Protein Powder, Charantin, Chromium-Rich Yeast Powder, Fig Extract, Cyclocarya Paliurus Leaf Extract, Burdock Root Extract, Curacao Aloe Gel, Konjac Powder, Stevioside, etc.

## Recommended Usage:

Mix one packet with approximately 100mL of warm water. You can adjust the water amount according to personal preference.



L-Arabinose



mulberry leaf extract



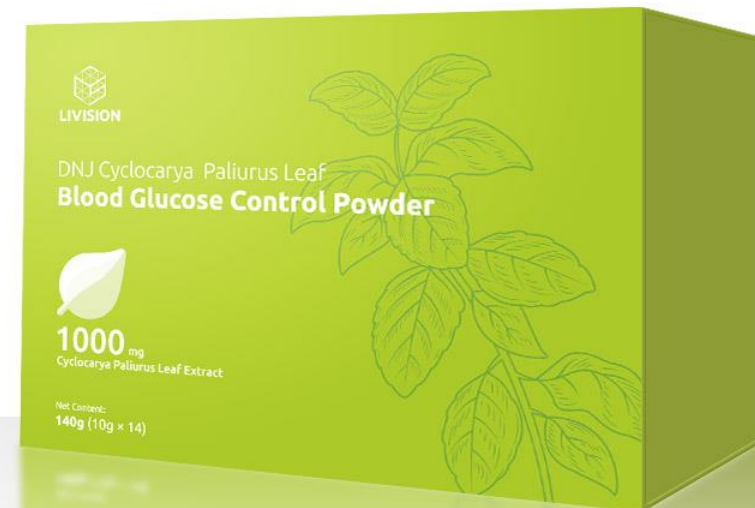
cyclocarya paliurus leaf extract



white kidney bean hydrolyzed protein powder



fig extract





C5

# Phytosterol Powder

## Main Functions:

- **Lowers Blood Lipids:** Supports healthy cholesterol and triglyceride levels.
- **Reduces Blood Pressure:** Helps maintain optimal blood pressure levels.

## Product Specifications:

- **Net Weight:** 5g per bag
- **Packaging:** 10 bags per box

## Main Ingredients:

Phytosterols, Komecosanol® Rice Bran Fatty Alcohol, exGrape® Red Grape Extract, Sinetrol® Citrus Mixed Fruit Powder, Earthworm Protein, Pomella® Pomegranate Concentrate Powder, etc.

## Recommended Usage:

Mix one packet with approximately 100mL of warm water. Adjust the water amount according to personal preference.



Phytosterols



Komecosanol® rice bran fatty alcohol



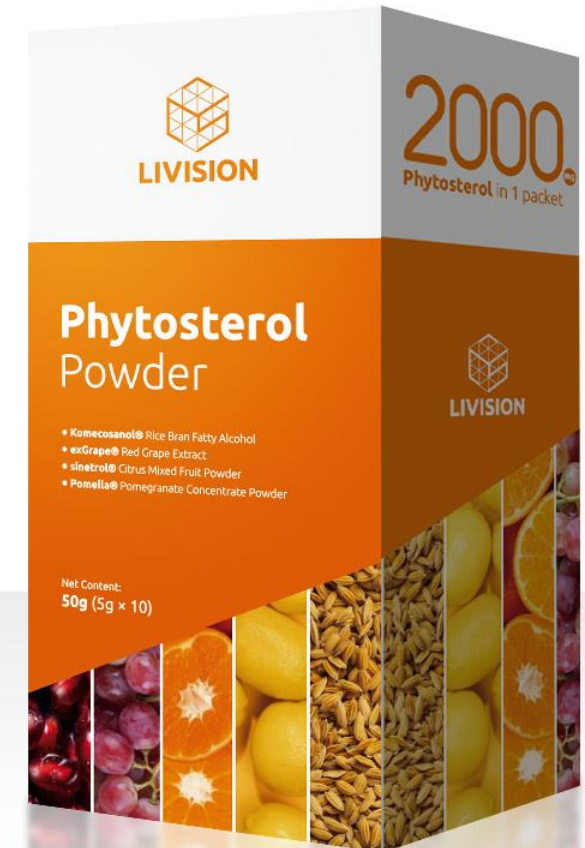
exGrape® red grape extract



sinetrol® citrus mixed fruit powder



Pomella® pomegranate concentrate powder





C6

# Ashwagandha Gummies

## Main Functions:

- **Reduces Anxiety and Stress:** Helps alleviate anxiety and manage stress levels.
- **Anti-Depression Support:** Promotes emotional balance and well-being.
- **Enhances Sleep Quality:** Supports relaxation and promotes better sleep.

## Product Specifications:

- **Net Weight:** 3g per bag
- **Packaging:** 40 bags per box

## Main Ingredients:

Maltitol Liquid, Pectin, Water, Ashwagandha, Vitamin D, Magnesium, Gamma-Aminobutyric Acid (GABA), Theanine, Shilajit Extract, Starch, Citric Acid, etc.

## Recommended Usage:

Chew and consume 2 pieces per serving.



ashwagandha



shilajit extract



vitamin D



$\gamma$ -aminobutyric acid



tea theanine





D1

# Electrolyte Supplements

## Main Functions:

- **Replenishes Electrolytes:** Restores electrolyte balance after workouts to prevent losses.
- **Boosts Energy:** Quickly replenishes energy and restores physical strength.
- **Relieves Fatigue:** Reduces fatigue and enhances athletic endurance.

## Product Specifications:

- **Net Weight:** 10g per bag
- **Packaging:** 10 bags per box

## Main Ingredients:

Citric Acid, Potassium Citrate, L-Calcium Lactate, Resistant Dextrin, Sodium Citrate, Magnesium Sulfate, Vitamin C, Niacin (Nicotinamide), Vitamin B1 (Thiamine Hydrochloride), Vitamin B2 (Riboflavin), Pantothenic Acid (Calcium D-Pantothenate), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B12 (Cyanocobalamin), Zinc Gluconate, etc.

## Recommended Usage:

Mix one packet with approximately 500mL of warm water, stir well, and drink.



vitamin C



potassium citrate



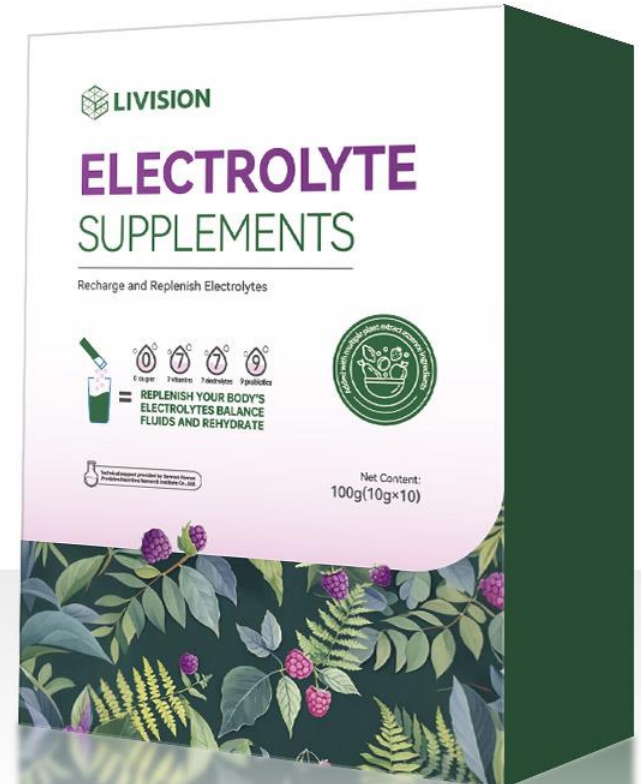
magnesium sulfate



L-calcium lactate



zinc gluconate





D2

# Pre-workout Nitric Oxide Supplements (Nitrogen Pump Capsules)

## Main Functions:

- **Enhances Athletic Performance:** Boosts overall exercise capacity.
- **Increases Muscular Endurance:** Supports sustained physical activity.
- **Boosts Explosive Power:** Improves muscle strength and explosive power during high-intensity workouts.

## Product Specifications:

- **Net Weight:** 0.4g per capsule
- **Packaging:** 30 capsules per bottle

## Main Ingredients:

L-Arginine, L-Arginine AKG 2:1 Mixture, L-Citrulline Malate 2:1 Mixture, Beta-Alanine, Creatine, Niacin, Calcium (Calcium Carbonate), Silicon Dioxide, Magnesium Stearate.

## Recommended Usage:

Swallow with water. Take 3 capsules at a time, or as directed by your healthcare professional.



niacin



L-arginine



L-arginine AKG  
2:1 Mixture



calcium (calcium  
carbonate)



β-Alanine





D3

# L-carnitine Supplements

## Main Functions:

- **Enhances Energy Supply:** Boosts energy levels to support physical activity.
- **Improves Workout Performance:** Increases exercise capacity and endurance.

## Product Specifications:

- **Net Weight:** 0.4g per capsule
- **Packaging:** 30 capsules per bottle

## Main Ingredients:

L-Carnitine Tartrate, Vitamin B5, Vitamin B1, Vitamin B2, Creatine, Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate.

## Recommended Usage:

Swallow with water. Take 3 capsules at a time, or as directed by your healthcare professional.



L-Carnitine  
tartrate



vitamin B5



vitamin B1



vitamin B2



creatine







D4

# Protein Muscle Building Powder

## Main Functions:

- **Supports Muscle Growth:** Provides essential protein and amino acids to promote muscle development.
- **Enhances Muscle Mass and Strength:** Improves overall muscle quality and boosts physical strength.

## Product Specifications:

- **Net Weight:** 25g per bag
- **Packaging:** 7 bags per box

## Main Ingredients:

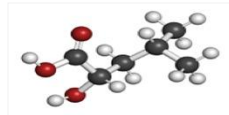
Whey Protein Concentrate, Isolated Milk Protein, Casein, Taurine, Glutamine, Calcium  $\beta$ -Hydroxy- $\beta$ -Methyl Butyrate, Vitamin B2, Vitamin B5, Konjac Powder, Stevioside, Tricalcium Phosphate.

## Recommended Usage:

Mix one packet with approximately 120mL of warm water, stir well, and drink.



glutamine



Whey protein concentrate



calcium  $\beta$ -hydroxy- $\beta$ -methyl butyrate



isolated milk protein



taurine



LIVISION HEALTH

# Reshaping Human Health and Wellness Together

